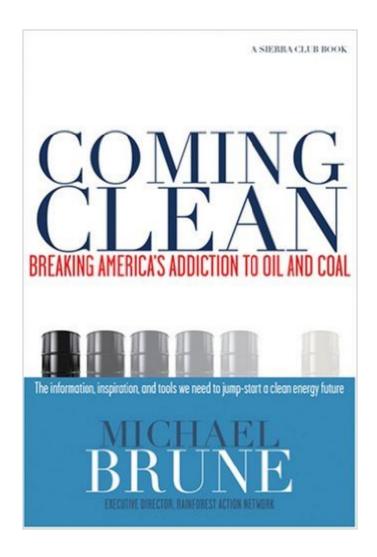
# The book was found

# Coming Clean: Breaking America's Addiction To Oil And Coal





## **Synopsis**

In this timely book, Michael Brune, executive director of Rainforest Action Network (RAN), shows us how we, as motivated citizens, can kick our own fossil-fuel habit and pressure policymakers and corporations to change their energy priorities. His vivid reports remind us of the economic, environmental, moral, and public-health costs of fossil-fuel dependence, and how our government and international banks are complicit. Brune also describes the most promising developments in renewables, biofuels, and efficient design, and offers an inspiring vision of the clean energy future within our reach. Under Bruneâ TMs leadership, RAN has had stunning success in getting corporations— including Home Depot, FedEx Kinkoâ TMs, Citigroup, and Bank of America— to green their business practices, and his activist skills and passion are at the heart of this book. Overflowing with pragmatic and well-tested advice, Coming Clean is rooted in the authorâ TMs faith that Americans acting together can create profound change.

### **Book Information**

Paperback: 272 pages

Publisher: Sierra Club Books (September 1, 2008)

Language: English

ISBN-10: 1578051495

ISBN-13: 978-1578051496

Product Dimensions: 8.9 x 6.1 x 0.6 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 5.0 out of 5 stars Â See all reviews (10 customer reviews)

Best Sellers Rank: #3,265,780 in Books (See Top 100 in Books) #49 in Books > Engineering &

Transportation > Engineering > Energy Production & Extraction > Fossil Fuels > Coal #886

in Books > Business & Money > Processes & Infrastructure > Green Business #957 in Books >

Engineering & Transportation > Engineering > Energy Production & Extraction > Alternative &

Renewable

#### Customer Reviews

Coming Clean is an important book that is a really great read for anyone who wants to understand why America is addicted to oil and coal, and more importantly, learn how people are fighting for a clean energy future that will be good for our country, our economy, and the planet as a whole. Even more importantly, you'll learn about many ways you can get involved and be a part of the solution yourself. I really liked Coming Clean's focus on vision and action, combined with its hopeful tone

giving a sense of what is possible and plenty of inspiration and tools as promised on the cover. I started using the Take Action and Resources sections before I even finished the book. I also found there to be a lot more useful nuts and bolts and thought-provoking information and statistics in this book than other more challenges-focused books that tend to be overloaded with less essential info (and that for me usually start to feel onerous around the halfway to 2/3 mark). In contrast, Coming Clean is lean and focused with clarity of purpose. There's great use of humor and engaging stories of people making a difference that make it an enjoyable, quick read. But once you are finished, you will likely be inspired enough to return to it often to utilize its many tools for taking both individual and collective action.

I thoroughly enjoyed Coming Clean! Michael Brune writes about complex issues of climate change and energy in an accessible, engaging way. The book is chock full of information - it clearly presents the problems we're facing, but it doesn't make you feel hopeless. Brune tells fascinating stories with an insider's view of past activism to stop major corporations from destroying our environment, as well as stories of regular people taking action in their communities. Every couple of pages, I found myself jumping out of my seat to share something with my boyfriend or whoever happened to be nearby at the time. I love that every chapter gives you things you can do right away to address the issues raised in that chapter. It's a very empowering and affirming read!

Coming Clean hits all the right notes. In his first book, Michael Brune meets the challenges of a climate in crisis and an imperiled environment head on. Brune offers hope to those feeling helpless and overwhelmed by climate change and our global addiction to fossil fuels. More than just another primer on the most urgent environmental issues of the day (though it fills that niche effectively), Coming Clean offers easy steps that any citizen can take to help usher in a clean energy economy. Coming Clean isn't another environmental treatise accessible only to the academic elite. This book is for the rest of us. Every chapter engages the reader by putting a human face on complex issues ranging from oil and coal to biofuels to building a safer, more efficient mass transit system. If you ever wanted to make a difference but weren't sure how to get started, pick up a copy of Coming Clean and create an environmental legacy you'll be proud to leave to the next generation.

Coming Clean is the book I've been searching for. Billed as the "information, inspiration and tools we need to jump-start a clean energy future," it did not disappoint. The author, Michael Brune of the

Rainforest Action Network, takes a comprehensive and global look at the problems created by America's dependence on fossil fuels and thoughtfully examines the alternatives. Although the book covers a lot of ground, it never bogs down. It assesses the true costs of oil and coal, discusses how pay-to-play politics and the current international banking system perpetuate the use of fossil fuel, and then examines alternatives. Chapters are devoted to developing better transit solutions, building better cars, finding appropriate uses for biofuels, integrating sun and wind energy into the grid and leveraging conservation for all it's worth. One of the most inspiring things about this book is its focus on success stories. Although Brune paints a bleak picture of America's current energy policy and the political system that spawned it, he always reminds readers that change is possible and backs up the assertion with stories of his successes in stopping rainforest destruction in the basin and around the world. He is a firm believer that true change arises out of grassroots activism and his enthusiasm is catching. I finished the book with a long list of things I want to do, things I want to speak out against, and things I want to learn more about. I liked the format of this book as well as the content. Compelling facts are set out in "pass it on" sidebars. Each chapter includes suggested actions for individuals wanting to make a difference, ways to for activists to make their views know, and suggested reading, viewing and web links.

As the international director of the campaign to stop one of the dirtiest oils in the world from perpetuating the American oil addiction (i.e., tar sands oil from Alberta, the second largest oil reserve in the world), I'm constantly reading books on coal, oil, and global warming. This book by Michael Brune is one of the first that I've read that is actually a pleasure to read (despite the subject matter). Michael's writing style is crisp with active tense, great little vignettes, and a little humor thrown in to keep you from getting depressed. Each chapter contains the juiciest and most relevant facts, great examples of what other countries or industries are doing to end the fossil fuel habit, and very specific ways to learn more and take action. I highly recommend this book! Michael Marx, Executive Director, Corporate Ethics International.

#### Download to continue reading...

Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Coming Clean: Breaking America's Addiction to Oil and Coal Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weigh loss, Eat Clean Diet Book Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking

Addiction-Gambling Addiction-Internet Addiction-Overeating Cooking With Coconut Oil Vol. 1 - 50 Coconut Oil Recipes Promoting Health, Wellness, & Beauty - Coconut Oil Cookbook - Coconut Oil Uses - Coconut Oil (Coconut Oil Diet And Recipes) Caffeine Addiction Gone - A Beginners Guide to Overcoming Caffeine Addiction (Caffeine Addiction Guide, Caffeine Addiction, Overcoming Caffeine Addiction) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Gambling Addiction Recovery: Gambling Addiction Recovery and Cure of Your Life (Addiction Recovery, Addictions Gambling, Quit Smoking, Addiction) Smoking Addiction: Desire To Stop Smoking Addiction Just Three Steps (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Diffuser Recipes: Essential Oil Diffuser Recipes For Weight Loss, Better Sleep & Fat Loss (Aromatherapy, Essential Oils, Detox, Cleanse, Healthy Living, ... Lavender Oil, Coconut Oil, Tea Tree Oil) Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) For Colored Boys Who Have Considered Suicide When the Rainbow is Still Not Enough: Coming of Age, Coming Out, and Coming Home Coconut Oil and Apple Cider Vinegar: 28 Mind Blowing Uses for Coconut Oil and Apple Cider Vinegar (The Apple Cider Vinegar and Coconut Oil Bible - Amazing Benefits, Many Uses, and Natural Cures) The Ultimate Gambling Addiction Help Guide: How To Overcome A Gambling Addiction And Problem Gambling Once And For All (gambling addiction cure, problems, ... craps, baccarat, poker, blackjack) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Olive Oil: (Free Gift eBook Inside!) How it Heals and Mends the Body, Beauty and Health Tips of Olive Oil (55 Beneficial Tips on How Olive Oil can Help You Today) Clean Eating: Fire up Your Weight Loss and Energy with Amazingly Delicious Clean Eating Recipes (Clean Eating Cookbook) Trace Elements in Coal and Coal Combustion Residues (Advances in Trace Substances Research) The Buffalo Creek Disaster: How the Survivors of One of the Worst Disasters in Coal-Mining History Brought Suit Against the Coal Company- And Won

Dmca